

June 2017 K-5
Vernon Schools Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 1. Sliced Turkey/ Mashed/ Corn and Gravy 2. Egg Patty & Cheese Sandwich (V) Steamed Vegetable Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	2 1. Cheese Pizza 2. Veggie Pizza (V) 3.. Tuna on Wheat Romaine Salad with Mini Tomatoes Fruit Cup or Fresh Fruit 1% or Skim Milk Choices
5 1. Teriyaki Chicken Sandwich 2. Turkey & Cheese on Wheat Steamed Vegetable Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	6 1. BBQ Beef Patty on WW Roll/Lettuce & Tomato 2. Turkey & Cheese on WGR Wrap 3. Cheese Wrap (V) Potato Puffs Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	7 1. BBQ Cheddar Chicken Sandwich 2. Garden Salad w/ WW Tortilla & Cheese Stick (V) Tater Tots Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices 1% or Skim Milk Choices	8 1. Chicken Fajita Wrap 2. Turkey Ham & Cheese Sandwich Corn Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	9 1. Cheese Pizza 2. Veggie Pizza (V) 3.. Tuna on Wheat Romaine Salad with Mini Tomatoes Fruit Cup or Fresh Fruit 1% or Skim Milk Choices
12 1. French Toast Sticks w/ Sausage 2. Turkey & Cheese on WGR Wrap Potato Wedges Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	13 1. Sweet Sesame Chicken Stir-fry/Brown Rice 2. Veggie Stir Fry / Brown Rice (V) Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	14 1. BBQ Cheddar Chicken Wrap 2. Egg & Cheese Sandwich (V) Steamed Vegetable Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	15 1. Pasta w/ Meat Sauce WG Roll 2. Toasted Cheese Sandwich Steamed Vegetable Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices	16 1. Cheese Pizza 2. Veggie Pizza (V) 3.. Tuna on Wheat Chefs Choice Veg Fruit Cup or Fresh Fruit 1% or Skim Milk Choices Early Dismissal
19	20	21	22	23
26				30
				

mySchoolbucks is now available for online payments for your students lunch account. Log onto <https://www.myschoolbucks.com> to set up an account



Lunch Prices

RHS
\$3.00 per day
\$61.95 for the month (21 Days)
VCMS
\$2.75 per day
\$57.75 for the month (21 Days)
Elementary
\$2.50 per day
\$52.50 for the month (21 Days)

Regular, Strawberry and Chocolate Milk are available with all meals

****Menu subject to change****

Items marks with (V) are the vegetarian selections for the day

Bring a lunch from home and milk is available for just 45 cents

Marisol Rojas-Leon
Administrative Assistant
mrojas-leon@vernon-ct.gov

Vernon Public Schools
30 Park Street
PO Box 600
Vernon, CT 06066
860-870-6000 x 151