

March 2017 K-5 NES
Vernon Schools Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cereal and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	2 Fruit Yogurt and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	3 French Toast Sticks Fruit Cup or Fresh Fruit 1% or Skim Milk Choices
6 Cereal and Graham Cracker Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	7 Bagel & Cream Cheese Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	8 Cereal and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	9 Fruit Yogurt and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	10 Waffle Sticks Fruit Cup or Fresh Fruit 1% or Skim Milk Choices
13 Cereal and Graham Cracker Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	14 Bagel & Cream Cheese Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	15 Cereal and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	16 Fruit Yogurt and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	17 Mini Pancakes Fruit Cup or Fresh Fruit 1% or Skim Milk Choices
20 Cereal and Graham Cracker Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	21 Bagel & Cream Cheese Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	22 Cereal and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	23 Fruit Yogurt and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	24 Waffle Sticks Fruit Cup or Fresh Fruit 1% or Skim Milk Choices Early Dismissal
27 Cereal and Graham Cracker Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	28 Bagel & Cream Cheese Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	29 Cereal and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	30 Fruit Yogurt and Muffin Choice of fresh fruit, fruit cup or juice 1% or Skim Milk Choices	31 French Toast Sticks Fruit Cup or Fresh Fruit 1% or Skim Milk Choices

mySchoolbucks is now available for online payments for your students lunch account. Log onto <https://www.myschoolbucks.com> to set up an account



Breakfast Prices

RHS
\$2.00 per day
\$42.00 for the month (21 Days)
VCMS
\$1.75 per day
\$36.75 for the month (21 Days)
Elementary
\$1.50 per day
\$31.50 for the month (21 Days)

**Regular, Strawberry and Chocolate milk is
Chocolate Milk Available
*Menu subject to change***

IV are the vegetarian selections for the day

If you bring a meal from home milk is available for just 45 cents.

Marisol Rojas-Leon
Administrative Assistant
mrojas-leon@vernon-ct.gov

Vernon Public Schools
30 Park Street
PO Box 600
Vernon, CT 06066
860-870-6000 x 151