

Lake Street School Celebration Food List

2014-2015

In continuing to support healthy food choices for celebrations the Celebration Food List will include
our healthy snack choices with a few additional choices.

Fresh fruits and vegetables

Dried fruits such as raisins

Applesauce, canned fruits and vegetables

Cheese, Cottage Cheese

Cheerios, **plain only**

Pretzels, **plain only**

Yogurt

Popcorn, **plain only**

Crackers

Rice Cakes

Bachman Kidzels Pretzels

Bachman Treasure Puffs

Baked Potato Chips

Baked Tortilla Chips

Salsa

Juice, must be 100% real juice

Popsicles made with 70%, or greater, real fruit juice

Plain Vanilla and Chocolate ice cream cups that are 100 calories or less per serving

Water

List will be adjusted to meet specific food allergies for an individual grade level.

Due to the allergies in the Lake Street School building, peanut butter, peanuts, and tree nuts are not included on the Snack or Celebration Food List.

Home baked goods will not be allowed due to the risk of cross contamination.

Please read the manufacturer's label and be sure your selection is not from a factory that processes nuts or peanuts.