

Sick Day Guidelines, When Student Should Stay Home

In order to protect the health of all students, certain communicable diseases or illnesses require exclusion and notification to the school nurse:

1. **Streptococcal/Staphylococcal (Scarlet fever, MRSA, Impetigo, Strep Throat):** Exclusion until 24 hour of appropriate antibiotic therapy has been given and fever free off of fever reducing medication for 24 hours.
2. **Fever of 100 degrees or vomiting or diarrhea:** The student must remain home until they are fever, diarrhea, or vomiting free off medication for 24 hours.
3. **Ringworm (Tinea):** Exclusion until treatment instituted; lesion(s) should be covered.
4. **Chicken Pox (Varicella):** Exclusion until all vesicles are crusted and/or are able to be covered, or upon MD approval. The parent/guardian must bring the student to the health room for return to school clearance.
5. **Rubella:** Exclude for 5 days.
6. **German Measles:** Exclude for 4 days, may the return to school after free of fever, off of fever reducing medication for 24 hours.
7. **Hand, Foot and Mouth:** Exclude until fever free and off of fever reducing medication for 24 hours.
8. **Measles:** May return five days after appearance of rash. Must be free of fever, off of fever reducing mediation for 24 hours.
9. **Mumps:** Exclude for 9 days; must be free of fever, off of fever reducing mediation for 24 hours.
10. **Fifth Disease:** No exclusion is necessary if there is no fever, but school nurse must be notified.
11. **Pink eye – (conjunctivitis):** Exclude until evaluated or treated by a doctor.
12. **Head lice:** Exclude with live lice. May return after treated. Nits should be continued to be removed at home, after school, until nit free.
13. **Scabies:** Exclude until under treatment with prescribed medication. A physician must prescribe treatment and provide a note to return to school.

All absences must be reported to your child's school nurse. If you are not sure if your child should stay home please contact your school nurse.

Thank you.